

FIDGET QUILTS

Lecture and Workshop Tuesday, September 19, 2017 @ Heritage Quilters, Crown Point, IN

Supplies and Size Recommendations

Finished Sizes: 25" X 25" up to 30" X 30"

SIMPLE METHOD:

Use 25 - 5" Charm Squares – backing and binding fabric.

Sew charms together to form a square top. Put on a border if you like.

- 1) Finish the traditional way by layering top, batting, and backing, quilt and bind.
- 2) **OR** you can do the pillowcase method by placing good side of the backing fabric face down on top of the good side of the pieced top and the batting on top. Stitch sides together, leaving a good size opening and then turn right-sides out. Finish by turning under the opening and then stitch all the way around the quilt. Then do a simple quilting job.
- 3) Add 5-8 of the tactile items listed below. Use your imagination!!

UNEVEN SHAPES METHOD:

This requires creativity and is lots of fun! Use a variety of fabrics having different textures, such as: fleece, velvet, fake fur, flannel, denim, upholstery fabric, wool, felt, silks, nylon netting, men's ties, etc. Places like Salvation Army, Hobby Lobby or Joanne Fabrics have a variety of inexpensive clothing and fabrics.

- Cut up 8-10 pieces of the different fabrics in odd shapes so that they fit together to form your 25 to 30 inch square top after sewing them together.
- Even the edges and add a border is desired.
- Put together using either the traditional or pillowcase method above.
- Quilt simply.

You have the option to use tactile items which makes it more interesting, even though your fabrics are different textures.

ADDING THE TACTILE ITEMS:

Safety first is important so that items cannot be swallowed or cause choking! Be sure all items are securely fastened!

ITEMS:

Zippers, elastic, pom-poms, old thread spools, large buttons, large beads, ribbons, lace and other sewing trims, bells, rick-rack, yo-yos are items to Velcro on and off the quilt.

For children: Small plastic toys, small cloth stuffed animals, clothes pins, yarn braids, safe key chain items, etc. Look around for additional ideas!!